

FITNESS FITBALL FITSALE FITNESS CENTER



With two indoor pools, an underwater treadmill, and the support of our highly educated staff, you'll dive into exercise.



Come run in our beautiful 7-acre gated park or tread on our indoor cushioned track.



Our 5,000-square-foot weight room has more than 100 top-tier machines plus extensive cardio equipment.

From our aquatic center and racquetball courts to Pilates, yoga, and spin classes, there's a program that fits your pace.

The Baylor Tom Landry Fitness Center offers:

- 25-meter, nine-lane indoor pool with an underwater treadmill
- Heated exercise and therapy pool
- Over 100 complimentary group exercise classes weekly
- 7-acre outdoor gated park with 1/2 and 1/4 mile jogging trails
- Cushioned indoor walking track
- Over 40 complimentary aquatic classes
- Over 5,000-square-foot weight and cardio training area
- Locker rooms with private showers, steam, sauna, and whirlpool

• • • • •

Members of the Hollywood/Santa Monica Neighborhood Association receive a special discounted membership to the Baylor Tom Landry Fitness Center. Now enjoy 50% off the enrollment fee when you join during the month of July or join with a friend and both receive 75% off the enrollment fee.

For more information or to schedule a tour, call 214.820.7870
or visit us at www.baylortomlandryfitnesscenter.com

